



ST BERNARD'S HIGH SCHOOL



**Extra Curricular Activities
Spring Term 2019**



St Bernard's High School - Extra Curricular Activities - Spring Term 2019

Please note the Library will be open from 8.00 to 8.45am and from 3.45 to 4.30 pm

Personal Study / Home / Student Support Clubs

Day	Activity	Time	Years	Staff	Location
Monday	Breakfast Club	8.00 – 8.40 am	All	Learning Mentors	Dining Hall
	Wake Up Your Brain	8.00 – 8.45 am	All	Learning Support	Library
	Photography Club	12.50 – 1.30 pm	7, 8 & 9	Photography Ambassadors	S15
	Homework Club – KS4	12.50 – 1.30 pm	10 & 11	Learning Ambassadors supervised by Learning Mentors	E03
	Homework Club – KS3	12.50 – 1.30 pm	7, 8 & 9	Learning Ambassadors supervised by Learning Mentors	E02
	Lunchtime Learning	12.35 – 1.30pm	All	Learning Support	E01
	Food & Nutrition Drop-in	3.40 – 4.30 pm	All	Mrs Johnson	W11/N11
	Study Session	3.40 – 4.30 pm	All	Learning Support	Library
	Astronomy Club	4.00 – 5.30 pm	10	Mr Goodfellow	S31
Tuesday	Breakfast Club	8.00 – 8.40 am	All	Learning Mentors	Dining Hall
	Wake Up Your Brain	8.00 – 8.45 am	All	Learning Support	Library
	Arts Award Club	12.50 – 1.30pm	G&T students	Miss Dellaporta	W13
	Science Support sessions / Tassomai catch up	12.50 – 1.30 pm	10 & 11	Mrs May	S11
	Homework Club – KS4	12.50 – 1.30 pm	10 & 11	Learning Ambassadors supervised by Learning Mentors	E03
	Homework Club – KS3	12.50 – 1.30 pm	7, 8 & 9	Learning Ambassadors supervised by Learning Mentors	E02
	Homework Support	1.00 – 1.30 pm	7 & 8	Learning Support	E11
	Lunchtime Learning	12.35 – 1.30pm	All	Learning Support	E01
	Study Session	3.40 – 4.30 pm	All	Learning Support	Library



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Wednesday	Wii Breakfast Club	8.00 – 8.40 am	All	Learning Mentors	Dining Hall
	Wake Up Your Brain	8.00 – 8.45 am	All	Learning Support	Library
	Homework Club – KS4	12.50 – 1.30 pm	10 & 11	Learning Ambassadors supervised by Learning Mentors	E03
	Homework Club – KS3	12.50 – 1.30 pm	7, 8 & 9	Learning Ambassadors supervised by Learning Mentors	E02
	KS3 Art Club	12.50 – 1.30 pm	7, 8, 9	Art Ambassadors	S16
	Lunchtime Learning	12.35 – 1.30pm	All	Learning Support	E01
	Physics Sums Club	12.50 – 1.30pm	9-13	Mr Goodfellow/Mrs Morrison	S31
	Study Session	3.40 – 4.30 pm	All	Learning Support	Library
	Dyslexia Group	3.40 – 4.30pm	All	Learning Support	Library
Thursday	Breakfast Club	8.00 – 8.40 am	All	Learning Mentors	Dining Hall
	Wake Up Your Brain	8.00 – 8.45 am	All	Learning Support	Library
	Homework Club – KS4	12.50 – 1.30 pm	10 & 11	Learning Ambassadors supervised by Learning Mentors	E03
	Homework Club – KS3	12.50 – 1.30 pm	7, 8 & 9	Learning Ambassadors supervised by Learning Mentors	E02
	Art Homework Club	12.40 – 1.20 pm	7, 8, 9, 10 & 11	Mr Galton	S16
	Lunchtime Learning	12.35 – 1.30pm	All	Learning Support	Library
	Study Session	3.40 – 4.30 pm	All	Learning Support	Library
	Duke of Edinburgh's Award Bronze & Silver	4.00 – 6.00 pm	9 & above	Mrs Clancy	Dining Hall/BH1
Friday	Breakfast Club	8.00 – 8.40 am	All	Learning Mentors	Dining Hall
	Wake Up Your Brain	8.00 – 8.45 am	All	Learning Support	Library
	Science Support Sessions/Tassomai catch up	12.50 – 1.30pm	10 & 11	Mrs May	S11
	Homework Club – KS4	12.50 – 1.30 pm	10 & 11	Learning Ambassadors supervised by Learning Mentors	E03



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Homework Club – KS3	12.50 – 1.30 pm	7, 8 & 9	Learning Ambassadors supervised by Learning Mentors	E02
3D Art Club	12.50 – 1.30 pm	7,8 & 9	Mrs Every	S15
Astronomy Observing Session (Selected Fridays)	7.30 – 9.30pm	10 & 12	Mr Goodfellow	Paglesham
Lunchtime Learning	12.35 – 1.30pm	All	Learning Support	E01
Study Session	3.40 – 4.30 pm	All	Learning Support	Library



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Performing Arts

Day	Activity	Time	Years	Staff	Location
Monday	Orchestra	12.45 pm	All	Mrs Githu/Mrs Chapman	A21
	GCSE Dance Club	12.50 – 1.25 pm	8 & 9	Mrs Alexander	A31
	Drama Rehearsal Sessions	12.45pm – 1.25pm	10-13	Mrs. Bell	A1 and A2
Tuesday	Chamber Choir	12.45 pm	9 – 13	Mrs Thompson/Mrs Chapman	A21
	Advanced Woodwind Group	8.30 – 9.00am	All years	Mrs Florish	A21
	Junior Flutes	1.00 – 1.25 pm	9	Mrs Florish	A24
	Dance Class	12.50- 1.20pm	7	Mrs Alexander	Dance Studio
	Drama Rehearsal Sessions	12.45pm – 1.25pm	10-13	Mrs. Bell	A1 and A2
Wednesday	Drama Rehearsal Sessions	12.45pm – 1.25pm	10-13	Mrs. Bell	A1 and A2
Thursday	Year 7 Drama Club	1.00-1.30pm	7	Year 13 students/Mrs. Bell	A1
Friday	Rock Band	12.45 pm	12 & 13	Mr Fletcher	A21
	Dance Company	3.50- 5.00pm	All years – Members only	Mrs Alexander	Dance Studio



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PE Extra-Curricular Timetable

Day	Activity	Time	Years	Staff	Location
Monday	Fitness Club	12.50 – 1.20 pm	7 - 11	Miss Carter	BH3
	Recreational Netball	12.50 - 1.20pm	7 - 11	Miss McGlashon	BH1
	Netball Squad Training	4 – 5pm	7 – 9	Miss Carter, Miss Clarke, Miss McGlashon	BH1, Playground, MUGA
Tuesday	Year 7 Netball Squad	12.50 – 1.20pm	7	Miss Carter	BH1
	Senior Netball <i>(Training will be on either Tues/Weds, please pick up a training schedule to see exact dates)</i>	4 – 5pm	10 - 13	Miss Clarke	BH1/playground
Wednesday	Badminton	12.50 – 1.20 pm	7 - 11	Miss Clarke	BH1
	Year 8 Netball Squad	12.50 – 1.20 pm	8	Miss McGlashon	MUGA
	Senior Netball <i>(Training will be on either Tues/Weds, please pick up a training schedule to see exact dates)</i>	4 – 5pm	10 -13	Miss Clarke	BH1/playground
Thursday	GCSE Badminton	12.50 – 1.20 pm	10 – 11	Miss McGlashon	BH1
	Year 9 Netball Squad	12.50 – 1.20pm	9	Miss Clarke	MUGA
Friday	Fitness Club	12.50 – 1.20 pm	7 – 11	Miss Clarke	BH3
	Recreational Netball	12.50 – 1.20pm	7 – 11	Miss Carter	BH1
	Seafront Running Club <i>(Please pick up a letter)</i>	3.45 – 4.30 pm	All	Miss Carter & Miss McGlashon	Off-site



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Fee Paying On-Site Community Clubs - Autumn 2018

Day	Activity	Time	Years / Ages	Club Contact	Location
Monday	Irish Dancing	4.00 – 6.00 pm	Youths	(contact details can be provided by the school)	Drama Studio
	Scorpions Basketball	7.00 – 9.00 pm	Senior	(contact details can be provided by the school)	BH1
	Zumba Dance (Victoria)	7.30 – 8.30 pm	Any	(contact details can be provided by the school)	BH2
	Yoga (Ania)	6.15 – 7.15 pm	Any	(contact details can be provided by the school)	Dining Room
Tuesday	Westcliff Trampoline Club	6.30 – 9.00	Up to 18	Mrs Smyth (St Bernard's)	BH1
	Zumba Dance - Victoria	6.30 – 7.30 pm	Any	(contact details can be provided by the school)	BH2
	Sweet Charity Choir	7.30 – 9.00 pm	Any	(contact details can be provided by the School)	Dining Room
	Yoga (Sophie)	8.00 – 9.00	Any	(contact details can be provided by the school)	BH2
Wednesday	-	-	-	-	-
Thursday	Active life exercise for women	6.30 – 7.30 pm	Adult	(contact details can be provided by the school)	BH2
	Active life exercise for women	7.30 – 8.30 pm	Adult	(contact details can be provided by the school)	BH2
	Westcliff Trampoline Club	7.00 – 9.00 pm	Up to 18	Mrs Smyth (St Bernard's)	BH1
Friday	Southend Parkour	6.00 - 9.00 pm	Adult	(contact details can be provided by the school)	BH2
	'Make Believe'	5.30 – 8.30 pm	All years	(contact details can be provided by the school)	Arts' Block