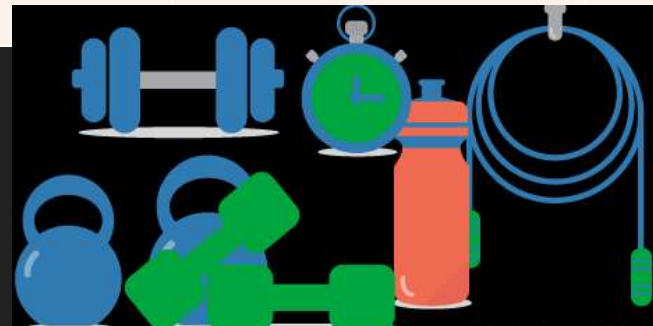



PE Extra-curricular lunch time clubs

12.55-1.25pm

Monday	Tuesday	Wednesday	Thursday	Friday
GCSE Trampolining and Badminton (Year 10 and 11 only)	Netball Squad Fitness (Year 7/8/9)	Netball Squad Training (Year 7/8/9)	Gymnastics Club	Friday Freestyle (By invitation only)
Fitness	Fitness		Sixth Form Sport	Yoga and Recreational Netball



PE Extra-curricular after school clubs 4-5pm

Monday	Tuesday	Wednesday	Thursday	Friday
Year 7, 8 + 9 Netball Squad Training	Senior Netball Training (alternating between Tuesday and Wednesday)	Senior Netball Training (alternating between Tuesday and Wednesday)		Seafront Running Club (ends at 4.30pm, pick up a letter from the PE department)

