



23rd April 2026

JCT/tmi

Dear Parent/Carers,

As part of our ongoing commitment to safeguarding and student wellbeing, an experienced e-safety specialist will be delivering sessions on internet safety. These sessions are designed to help students better understand how to stay safe online.

The 'Two Johns' from safety training will be returning to St Bernards to run these sessions on the 11th May.

The sessions will cover important topics such as:

- Safe use of social media
- Deep fakes
- AI
- Protecting personal information
- Understanding online risks and how to respond
- Promoting positive digital behaviour

This is a valuable opportunity for students to develop the knowledge and skills needed to navigate the online world safely and confidently in an ever-changing landscape.

If you have any questions or would like further information, please do not hesitate to contact the school.

Kind regards

Juliet Thomas

PSHE Coordinator