

Y10		Autumn 1 Health & wellbeing	Autumn 2 Living in the wider world	Spring 1 Relationships	Spring 2 Living in the wider world	Summer 1 Relationships	Summer 2 Health & wellbeing
	PSHE	Mental health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change	Financial decision making The impact of financial decisions, debt, gambling and the impact of advertising on financial choices	Healthy relationships Relationships and sex expectations, pleasure and challenges, including the impact of the media and pornography	Exploring influence The influence and impact of drugs, gangs, role models and the media	Addressing extremism and radicalisation Community cohesion and challenging extremism	<i>Work experience & exams</i>
	RSE	Self-Image Body image/ shame, sexual urges and confidence. Dignity, value and respect through being alive and created by God	Parenthood Love, dedication, obligation, commitment, sacrifice and a lifetime of responsibility	Authentic Freedom Peer pressure, virginity, love, sex and responsibility. Making a loving gift of self is an ideal worth holding out for.	Beliefs, Values, Attitudes knowing our own beliefs, values and attitudes and how faith can give us the courage to stand up for what we believe in	Abuse Physical, emotional, domestic abuse and neglect are incompatible with human dignity. Including entrapment, manipulation, sexual grooming, cyberbullying and pornography.	<i>Work experience & exams</i>
		Cinema in Education: Babies	Cinema in Education: Safe Sex or Save Sex?	Pregnancy and Abortion The stages of life in the womb, abortion myths busted by a medical expert, the Church's teaching and different accounts	Cinema in Education: Responding to an unwanted pregnancy	PSHE: Work experience Preparation for and evaluation of work experience and readiness for work	<i>Work experience & exams</i>
	School priority	Revision strategies	Anti Bullying Week:	Drugs, Alcohol and Substances - Southend Young Persons' Service	Internet safety: The Two Johns	RSE: Solidarity 'Integral ecology', where dignity, human rights and concern for the poor are intertwined with a concern for nature, the environment and the whole of creation	<i>Work experience & exams</i>

Y11		Autumn 1 Health & wellbeing	Autumn 2 Living in the wider world	Spring 1 Relationships	Spring 2 Living in the wider world	Summer 1 Relationships	Summer 2 Health & wellbeing
	PSHE	Building for the future Self-efficacy, stress management, and future opportunities	Next steps Application processes, and skills for further education, employment and career progression	Communication in relationships Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	Independence Responsible health choices, and safety in independent contexts	Families Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships	<i>Study leave</i>
	RSE	Eating Disorders Gaining insight into oneself is a key to well-being. Pupils consider their own deepest needs and the complexities and contradictions within themselves	Addiction Being aware about our own addictions can help us to be more patient and honest with ourselves and others	Coercive Control Our longing for intimate, exclusive relationships is a beautiful thing, but one that can make us vulnerable.	Pornography Sexual desire is powerful: making it a part of authentic love is a lifelong challenge and responsibility, but one that leads to maturity and fulfilment.	Birth Control Reflection on how love, sex and procreation are all intrinsically linked - because that's how God intended it to be.	<i>Study leave</i>
		Self-Worth Self-respect, dignity, conversion, respect and the role of God in these.	Cinema in Education: Truth and Lies (pornography) Interviews and discussion	STIs How the reality of STIs raises questions about sexual choices and consequences, and how to rethink behaviour that causes harm.	Cinema in Education: Truth or Lies (Part1) Effects of pornography in our society	Cinema in Education: Truth or Lies (Part2) Issues of pornography, exploitation, objectification, love, sex and intimacy.	<i>Study leave</i>
	School priority	Revision strategies	Anti Bullying Week:	Drugs, Alcohol and Substances - Southend Young Persons' Service	Internet safety: The Two Johns		<i>Study leave</i>