

Y12		Autumn 1 Health & wellbeing	Autumn 2 Living in the wider world	Spring 1 Relationships	Spring 2 Living in the wider world	Summer 1 Relationships	Summer 2 Health & wellbeing
	PSHE	Mental health and emotional wellbeing Mental health and emotional wellbeing, Managing stress, Body image, Healthy coping strategies	Readiness for work: Career opportunities, Preparing for the world of work	Diversity and inclusion: Living in a diverse society, Challenging prejudice and discrimination	Planning for the future: Exploring future opportunities, Post-18 options, The impact of financial decisions	Respectful relationships: Consent, Assertive communication, Positive relationships and recognising abuse, Strategies for managing dangerous situations or relationships	Work experience & exams
	RSE	Brooks Big RSE Lesson & Discussion	Cinema in Education: Common Room Transition, friendship, freedom, responsibilities, pressures, adulthood and consequences.	Cinema in Education: Life in Sixth Form Personal reflection and paired discussion on the topics of friendship, success, money and work, relationships, drugs and alcohol.	Cinema in Education: Life in Sixth Form Opportunities, risks, distractions and support that are beginning to present themselves in their life in Sixth Form.	PSHE: Health choices and safety: Independence and keeping safe, Travel, First aid, The impact of substance use	Work experience & exams
	School priority	New challenges/ mentoring	Drugs, Alcohol and Substances - Southend Young Persons' Service	LGBTQ+	Internet safety: The Two Johns	Personal Safety/ Self Defence Class	Work experience & exams

Y13		Autumn 1 Health & wellbeing	Autumn 2 Living in the wider world	Spring 1 Relationships	Spring 2 Living in the wider world	Summer 1 Relationships	Summer 2 Health & wellbeing
	PSHE	Independence: Responsible health choices, Managing change, Health and wellbeing, including sexual health, into adulthood	Next steps: Application processes, Future opportunities and career development, Maintaining a positive professional identity	Intimate relationships: Personal values, including in relation to contraception and sexual health, Fertility, Pregnancy	Financial choices: Managing money, Financial contracts, Budgeting, Saving, Debt, Influences on financial choices	Building and maintaining relationships: New friendships and relationships, including in the workplace, Personal safety , Intimacy, Conflict resolution, Relationship changes	<i>Study leave</i>
	RSE	Brooks Big RSE Lesson & Discussion	Cinema in Education: Bakhita's Prayer Modern slavery and human trafficking - ways in which the injustice can be tackled.	Cinema in Education: Understanding Human Trafficking How can young people tackle this issue?	Cinema in Education: Taking Action Inspiring students towards social action		<i>Study leave</i>
	School priority	UCAS statement guidance	Drugs, Alcohol and Substances - Southend Young Persons' Service	LGBTQ+	Internet safety: The Two Johns	Personal Safety/ Self Defence Class	<i>Study leave</i>